

## Parenting Group Schedule Winter 2005

## Classes are for parents of 2-8 year old children

For information on parenting programs for parents of older children, please contact Debbie Bartlett at 325-3145 x16. Family Resource Centers of Rochester also offers various types of parenting groups on an ongoing basis. Please contact Mary Jo Brach at 458-4100 x41 for more information.

The Incredible Years: Parents, Teachers, and Children Training Series is a comprehensive set of research-based curricula. The parent-training program is focused on strengthening parenting competencies (monitoring, positive discipline, confidence) and fostering parents' involvement in children's school experiences. Classes are 12 or 13 weeks in length as decided by the agency. Classes are open to the community unless otherwise specified. To ensure guaranteed registration, please call or email the contact person of your preferred location to register for the group prior to the start date.

## **Groups Beginning in January 2005**

Beginning Tuesday, January 4, group will run every Tuesday until March 22.

11:00am-1:30pm

Mt. Hope Family Center 187 Edinburgh Street Rochester, NY 14608

~ Lunch and transportation (within city limits) provided

Contact person: Rosemary Lum-Levine

Phone: 275-2991

Email: Rosemary.Lum-Levine@dfa.state.ny.us

Group open only to referrals from Child Protective Services

Beginning Tuesday, January 11, group will run every Tuesday through March 29.

11:30am-2:00pm

**Catholic Family Center** 87 North Clinton Avenue Rochester, NY 14607

- ~ Lunch will be provided at 11:30am
- ~ Restricted childcare may be available
- ~ Intake appointment needed before attending group

Contact person: Gina Montanarella Phone: 262-7138

Contact person: Jennifer Berenson

Phone: 262-7107

## **Groups Beginning in February 2005**

Beginning Tuesday, February 1, group will run every Tuesday until April 19.

9:30-11:30am

**Urban League of Rochester** 265 North Clinton Ave Rochester, NY 14605 ~ Breakfast provided

Contact person: Sarah Kendrick Phone: 325-6530 x3057 Email: <u>Skendrick@ulr.org</u> START DATE TO BE ANNOUNCED

11:00am-1:00pm

Society for the Protection and Care of Children

148 South Fitzhugh St Rochester, NY 14608 ~ Lunch provided

Contact Person: Lisa D'Orsi Phone: 325-6101 x220 Email: <u>Idorsi@spcc-roch.org</u>

Special thanks to...



for providing meals free of charge to the Incredible Years Parenting Programs. We are very grateful for their assistance.